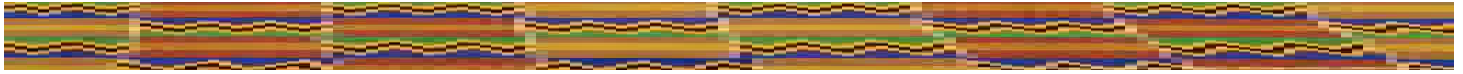


# National Black HIV/AIDS Awareness & Information Day



***Get Educated ~ Get Tested ~ Get Involved ~ Get Treated!***

## Facts You Should Know

### **In Virginia:**

- In Virginia, African Americans constitute only 19% of the population but account for more than 62% of HIV cases.
- African American women account for 77% of all women living with HIV/AIDS in Virginia.
- Today, there are more than 12,000 Virginians living with HIV/AIDS.
- Black males are 9 times more likely to be diagnosed with HIV/AIDS than White males. Black females are 20 times more likely to be diagnosed with HIV/AIDS than White females.
- The AIDS case rate among African American women is more than 15 times greater than that of White women.

**The theme for 2009 is: “*Black Life is Worth Saving!*”**

### **What You Can Do:**

- *Get Educated!* Learn the latest facts and how your community is affected.
- *Get Tested!* Knowing your HIV status is the first step in maintaining good sexual health.
- *Get Involved!* Volunteer at your local AIDS service organization.
- *Get Treated!* If you are living with HIV, you can live a long healthy life!
- Know the sexual history of your partners. Ask the tough questions needed to protect you.
- Abstinence is the most effective form of protection, but if that is not a viable option, use protection. Use a latex condom correctly **EVERY TIME** you have sex.

### **For More Information, Contact:**

**Virginia HIV, STD and Viral Hepatitis Hotline: (800)533-4148**

**[www.vdh.virginia.gov](http://www.vdh.virginia.gov)**